

Unusual Food from Around the World

Source: <https://www.hostelworld.com/blog/the-50-weirdest-foods-from-around-the-world/>

1. Haggis (Scotland) #2

A sheep's heart, liver and lungs minced and mixed with onions, oatmeal, suet and seasoned with salt and spices cooked inside the animal's stomach.

2. Tripe (various countries) #3

The stomach lining of various animals which has a rubbery texture. Served with various sauces to add flavour or simply with an accompaniment such as onions.

3. Tuna Eyeball (Japan) #5

This needs no explanation!

4. Black Pudding (Europe) #6

Congeaed blood cooked with various natural flavourings, thickening agents such as suet and breadcrumbs and stuffed into a sausage skin.

5. Jing Leed (Thailand) #13

Grasshoppers seasoned with salt, pepper and chilli and fried in a wok. A little juice comes out when you bite it!

6. Fried Spider (Cambodia) #15

Fried spider is a delicacy, popular in the Cambodian town of Skuon, prepared by marinating it in Monosodium Glutamate, sugar and salt and then frying it in garlic. It has more meat than a grasshopper, but it also has a brown creamy substance in the abdomen, which includes excrement.

7. Beondegi (Korea) #18

Silkworm, boiled or steamed and lightly seasoned. This is a popular snack all over Korea and is usually sold from street vendors. Apparently they taste like wood. Do you like wood?

8. Escargots (France) #19

Snails cooked in a sauce of white wine, garlic, butter and parsley and served in their shells. They have a similar consistency to mussels or clams.

9. Marmite (UK) #24

Made from yeast extract, a by-product of brewing beer. Marmite (or Vegemite, as it's known in Australia) is essentially the slurry from the bottom of a barrel that most breweries just throw away. It's a sticky brown paste with a concentrated, salty flavour that is usually spread on toast or eaten with cheese. People either love it or hate it !

<https://www.youtube.com/watch?v=JFLHialhZ8c>

<https://www.youtube.com/watch?v=Y0ZZrpzzdLQ>

<https://www.youtube.com/watch?v=cd5vhxUDyBQ>

<https://www.youtube.com/watch?v=7R1TDZtNq9g>

10. Balut (Philippines) #38

A developing duck embryo that's boiled alive in its shell. It's a common street food and is usually served with beer.

11. Cod Tongue (Norway)

A delicacy in Norway. It is usually fried in batter.

Vocabulary:

- heart _____
- liver _____
- lungs _____
- oatmeal _____
- suet _____
- breadcrumbs _____
- wok _____
- garlic _____
- snail _____
- parsley _____
- mussel _____
- clam _____
- yeast _____
- batter _____

Homework. Search for an unusual food from each of these countries and describe it:

Africa:

China:

Italy:
